



## No Cook Energy Balls

### Ingredients:

1 Cup Dry Oatmeal (I use Old Fashioned)  
½ Cup Toasted Coconut Flakes  
½ Cup Organic Peanut Butter  
½ Cup Ground Flax Seeds  
½ Cup Chocolate Chips (the darker the better)  
1/3 Cup Honey  
1 Tablespoon Chia Seeds  
1 Teaspoon Vanilla PURE extract

### Ingredients:

Stir all ingredients in a medium bowl until thoroughly mixed. Cover and let chill in the fridge for about ½ hour. Once chilled; roll into balls of whatever size you like (1" is a good snack size). Store in an airtight container in the fridge for up to a week.